

# Girl

Choreographed by : Iliane Raiza van der Graaf  
Type dance : Two Wall Line Dance  
Level : Newcomer/novice  
Counts : 32  
BPM : 96 (Smooth Cha Cha)  
Music : "Shake You Down" Gregory Abbott  
(CD: Disco Inferno, CD 2)



*Intro: 32 counts (start on vocals)*

**WALK, WALK, LOCK STEP FORWARD,  
ROCK FORWARD, RECOVER, SAILOR ¼  
TURN LEFT**

- 1 step forward on right
- 2 step forward on left
- 3 step forward on right
- & lock left behind right
- 4 step forward on right
  
- 5 rock forward onto left
- 6 recover onto right
- 7 make ¼ turn left, cross left behind right
- & step right to right side
- 8 step left to left side

**CROSS ROCK, RECOVER, CHASSE,  
CROSS, ¾ TURN RIGHT, SWEEP,  
BEHIND, SIDE STEP, CROSS**

- 9 cross rock right over left
- 10 recover onto left
- 11 step right to right side
- & step left next to right
- 12 step right to right side
  
- 13 cross left over right
- 14 make ¾ turn right
- 15 sweep right behind left
- & step left to left side
- 16 cross right over left

**SIDE ROCK, RECOVER, CROSS  
SHUFFLE, CHASSE ¼ TURN LEFT,  
SHUFFLE ½ TURN LEFT**

- 17 rock left to left side
- 18 recover onto left
- 19 cross left over right
- & step right to right side
- 20 cross left over right
  
- 21 step right to right side
- & step left next to right
- 22 make ¼ turn left, step back onto right
- 23 make ¼ turn left, step left to left side
- & step right next to left
- 24 make ¼ turn left, step forward on left

*Option:*

**1½ TURN LEFT**

- 23 make ½ turn left, step forward on left
- & make ½ turn left, step back onto right
- 24 make ½ turn left, step forward on left

**½ TURN LEFT WITH SWEEP, TOUCH,  
LOCK STEP FORWARD, ROCK  
FORWARD, RECOVER, BEHIND, ¼ TURN  
RIGHT, STEP FORWARD, STEP  
FORWARD**

- 25 make ½ turn left, sweep right
- 26 touch right next to left
- 27 step forward on right
- & lock left behind right
- 28 step forward on right
  
- 29 rock forward on left
- 30 recover onto right
- 31 cross left behind right
- & make ¼ turn right, step forward on right
- 32 step forward on left