

# Under My Skin

Choreographed by : Iliane Raiza van der Graaf (NL)  
Type dance : Two Wall Line Dance  
Level : Novice  
Counts : 48  
BPM : 102 (*Funky*)  
Music : "Under My Skin" Sarah Conner  
(CD: *Sexy As Hell*)



*Intro: 8 counts*

**STEP FORWARD, SIDE STEP, BEHIND,  
FULL TURN RIGHT, OUT-OUT, HITCH,  
STEP BACK, HITCH, STEP BACK,  
BEHIND, 1/4 TURN LEFT, STEP FORWARD,  
SIDE STEP, DRAG**

- 1 step forward on right
- 2 step left to the left side
- 3 step right behind left
- 4 make a full turn right
- & step right to the right side
- 5 step left to the left side
  
- & hitch right knee
- 6 step back on right
- & hitch left knee
- 7 step back on left
- 8 step right behind left
- & make 1/4 turn left, step forward on left [9.00]
- 9 big step to the right side, drag left next to right

**TOGETHER, CROSS, SIDE STEP, HITCH,  
STEP BACK, HITCH, COASTER STEP,  
STEP FORWARD, HIP BUMPS RIGHT  
LEFT, 1/2 TURN LEFT**

- 10 step left next to right
- & step right over left
- 11 step left to the left side
- 12 hitch right knee
- & step back on right
- 13 hitch left knee
  
- 14 step back on left
- & step right next to left
- 15 step forward on left
- 16 step forward on right, bump hips right forward
- & bump hips left back
- 17 make 1/2 turn left, weight on right [3.00]

**SIDE STEP, CROSS, SIDE STEP, TOE,  
HEEL, CROSS, STEP BACK, SIDE STEP,  
STEP FORWARD, OUT-OUT**

- 8 step left to the left side
- & step right over left
- 19 step left to the left side
- 20 touch right toes next to left, turn right knee towards left
- & touch right heel next to left
- 21 step right over left
  
- 22 step back on left
- 23 step right to the right side
- 24 step forward on left
- & step right to right side
- 25 step left to the left side

**DIP X2, 1/8 TURN RIGHT, TOUCH, STEP  
BACK, 1/8 TURN LEFT, BEHIND, 1/4 TURN  
LEFT, STEP FORWARD, SIDE ROCK,  
RECOVER, TOUCH**

- 26 bend left knee, touch right to the right side, stomp right fist down to the left diagonal
- 27 bend right knee, touch left to the left side, stomp left fist down to the right diagonal
- 28-29 make 1/8 turn right, straighten right leg, touch left next to right, push shoulders back twice [4.30]
  
- 30 step back on left
- & make 1/8 turn left, step right behind left [3.00]
- 31 make 1/4 turn left, step forward on left [12.00]
- 32 rock right to the right side
- & recover onto left
- 33 touch right next to left

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**STEP FORWARD, PIVOT ½ TURN LEFT,  
TOUCH WITH BODY ROLL, KICK BALL  
TOUCH, KICK BALL TOUCH**

- 34 step forward on right
- 35 make ½ turn left [6.00]
- 36-37 touch right next to left, make a  
body roll
  
- 38 kick forward on right
- & step right next to left
- 39 touch left to the left side
- 40 kick forward on left
- & step left next to right
- 41 touch right to the right side

**BEHIND, FULL TURN RIGHT, OUT-OUT,  
SAILOR STEP, SAILOR STEP**

- 42 step right behind left
- 43 make a full turn right
- & step right to the right side
- 44 step left to the left side
  
- 45 step right behind left
- & step left to the left side
- 46 step right to the right side
- 47 step left behind right
- & step right to the right side
- 48 step left to the left side